



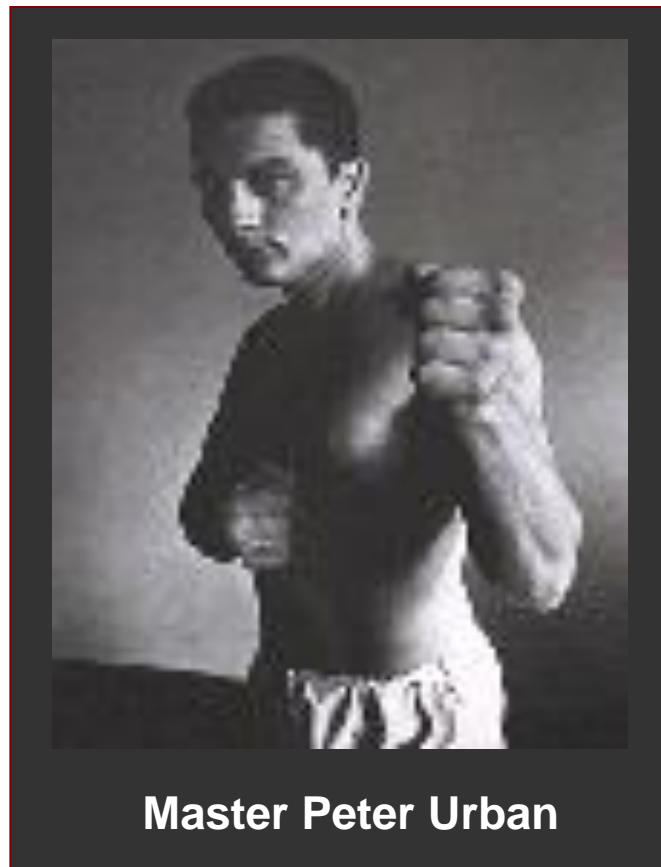
# USA GOJU FEDERATION KARATE



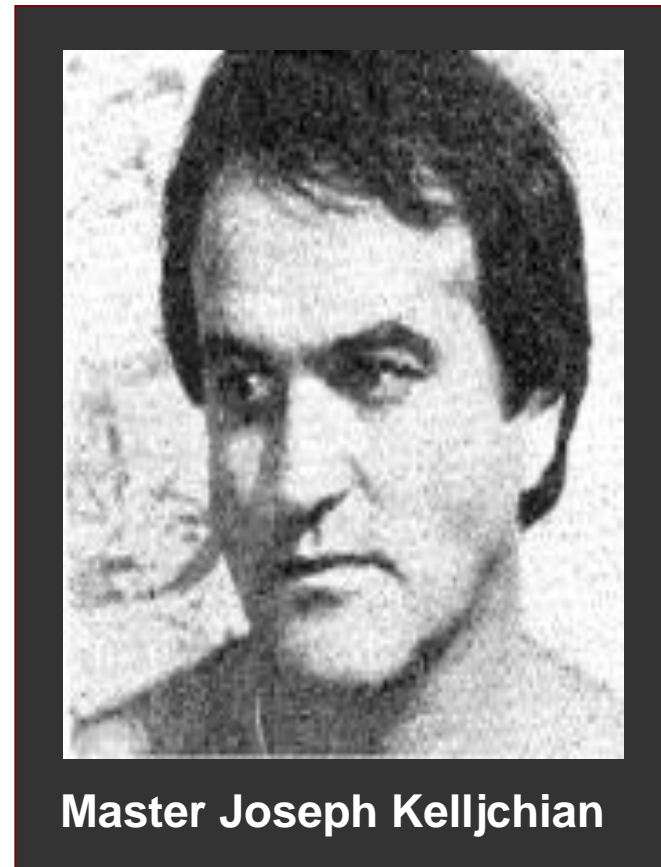
Master Chojun Miyagi



Master Gogen Yamaguchi



Master Peter Urban



Master Joseph Kelljchian

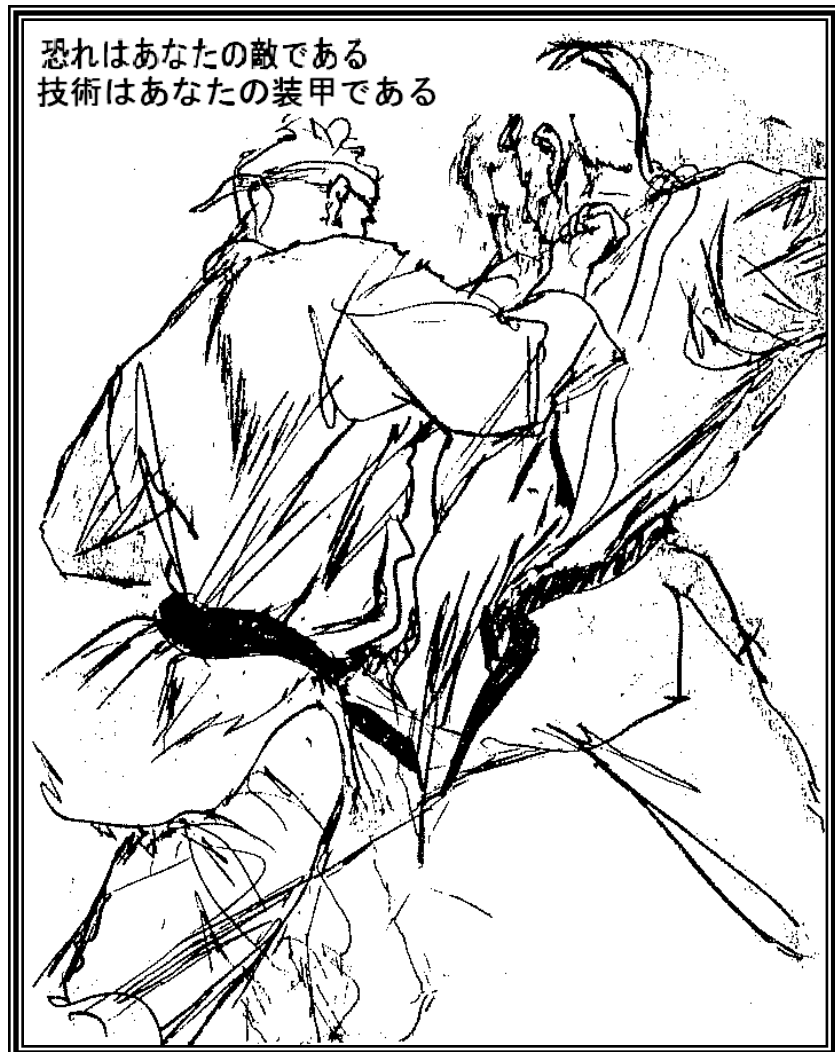
## THE RULES OF THE DOJO:

EVERYONE WORKS  
NOTHING IS FREE  
EVERYONE STARTS AT  
THE BOTTOM

SENSEI'S WORD IS LAW!

*"Through years of hard work you create the disciplined body and the power of the martial artist emerges. But it is only when the warrior embraces the love of a compassionate heart that true strength is found."*

*Master Joseph Kelljchian*



# 火

FIRE

# 地球

EARTH

# 風

WIND

# 空間

VOID

# 水

WATER

## KARATE VIRTUES:

- We are proud to be in Karate.*
- We shall always practice and study.*
- We shall be quick to seize opportunity.*
- We shall always practice patience.*
- We shall keep the fighting spirit.*
- We shall block soft and hit hard.*
- We shall believe nothing is impossible.*
- We shall always discard the bad.*
- We shall always keep the good.*
- We shall be loyal to ourselves, our karate, and our country.*

## THE WAY

新時温 道推古 改移市 正人新 誰百自 得對有 宜分規 行是形 之曰 々

To search for the old is to understand the new. The old, the new -- this is a matter of time. In all things man must have a clear mind. The Way: Who will pass it on straight and well?

Poem and calligraphy by Master Gichin Funakoshi



*Yamato Damashi*