



November 2014 | OUR CITY WESTON

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STAY SAFE

Sensei David Schopp, a 5th degree Black Belt, offered a self-defense/rape awareness class at the Weston Community Center. Participants learned skills such as the palm heel strike and the front kick. Sensei Schopp, with the help of seven certified Black Belts, teaches Goju Karate classes for children and adults at the community center.